



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Heß, Norbert

□□: Tankbau-Schneider MTB-Team

□□: 84

□□: 54.00 km

Marathonstrecke

□□□□:

Master 1

□□□: 3:08:58

□□: 17.15 km/h

□□□□□/□□□: 84 (of 200)

□□□□□/□: 80 (of 190)

□□□□□□: 2:06:40

□□□□□: 30(of 80)

□□□□□□□: 2:28:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:06:21	16.28	28	14:24	77	20:52	18.00	1:06:21	16.28	72	-	80	20:48
Bilstein	21.00	1:17:01	16.36	33	18:32	89	26:59	39.00	2:23:22	16.32	72	-	79	47:47
Thomasmühle	7.00	15:54	26.42	24	1:48	65	4:00	46.00	2:39:16	17.33	72	-	79	51:47
□□	8.00	29:42	16.16	23	6:41	61	10:31	54.00	3:08:58	17.15	31	40:06	81	1:02:18