



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Kunold, Frank

□□□: 3:09:18

□□: MTB-Verein Zierenberg e. V.

□□: 17.12 km/h

□□: 203

□□: 54.00 km

□□□□□/□□□: 85 (of 200)

Marathonstrecke

□□□□□/□: 81 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 31(of 80)

Master 1

□□□□□□□: 2:28:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:05:31	16.48	25	13:34	74	20:02	18.00	1:05:31	16.48	61		81	19:58
Bilstein	21.00	1:17:58	16.16	34	19:29	93	27:56	39.00	2:23:29	16.31	61		80	47:54
Thomasmühle	7.00	15:45	26.67	23	1:39	61	3:51	46.00	2:39:14	17.33	61		80	51:45
□□	8.00	30:04	15.96	25	7:03	66	10:53	54.00	3:09:18	17.12	32	40:26	82	1:02:38