



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Kunold, Frank

□□□: 3:09:18

□□: MTB-Verein Zierenberg e. V.

□□: 17.12 km/h

□□: 203

□□: 54.00 km

□□□□□/□□□: 85 (of 200)

Marathonstrecke

□□□□□/□: 81 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 31(of 80)

Master 1

□□□□□□□: 2:28:52

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□□□

| □□□ | □□ km | □□ □□ | □□ km/h | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ | □□□ | □□ - | □□ - | □□ □ | □□ □ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Vielarmiger Weg | 18.00 | 1:05:31 | 16.48 | 25 | 13:34 | 74 | 20:02 | 18.00 | 1:05:31 | 16.48 | 61 | | 81 | 19:58 |
| Bilstein | 21.00 | 1:17:58 | 16.16 | 34 | 19:29 | 93 | 27:56 | 39.00 | 2:23:29 | 16.31 | 61 | | 80 | 47:54 |
| Thomasmühle | 7.00 | 15:45 | 26.67 | 23 | 1:39 | 61 | 3:51 | 46.00 | 2:39:14 | 17.33 | 61 | | 80 | 51:45 |
| □□ | 8.00 | 30:04 | 15.96 | 25 | 7:03 | 66 | 10:53 | 54.00 | 3:09:18 | 17.12 | 32 | 40:26 | 82 | 1:02:38 |