



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Üffing, Adrian

□□: Witzenhausen

□□: 46

□□: 54.00 km

Marathonstrecke

□□□□:

Männer U23

□□□: 3:09:30

□□: 17.10 km/h

□□□□□/□□□: 86 (of 200)

□□□□□/□: 82 (of 190)

□□□□□□: 2:06:40

□□□□□: 10(of 11)

□□□□□□□: 2:16:31

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:04:48	16.67	9	16:40	69	19:19	18.00	1:04:48	16.67	10	16:40	82	19:15
Bilstein	21.00	1:18:10	16.12	10	23:09	95	28:08	39.00	2:22:58	16.37	10	39:49	81	47:23
Thomasmühle	7.00	17:44	23.68	11	4:23	130	5:50	46.00	2:40:42	17.17	10	44:12	81	53:13
□□	8.00	28:48	16.67	6	8:47	44	9:37	54.00	3:09:30	17.10	10	52:59	83	1:02:50