



# 7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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**Alheit, Bernd**

□□□: 3:14:57

□□: Baunatal

□□: 16.62 km/h

□□: 55

□□: 54.00 km

□□□□□/□□□: 96 (of 200)

Marathonstrecke

□□□□□/□: 91 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 7(of 22)

Master 2

□□□□□□□: 2:53:12

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:08:40	15.73	8	8:20	97	23:11	18.00	1:08:40	15.73	17		91	23:07
Bilstein	21.00	1:17:47	16.20	8	7:59	92	27:45	39.00	2:26:27	15.98	17		90	50:52
Thomasmühle	7.00	16:02	26.20	5	1:23	68	4:08	46.00	2:42:29	16.99	17		90	55:00
□□	8.00	32:28	14.78	7	5:06	92	13:17	54.00	3:14:57	16.62	7	21:45	92	1:08:17