



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Ziess, Klaus-Peter

□□□: 3:18:57

□□: Funbiker- TSV-Heiligenrode

□□: 16.29 km/h

□□: 76

□□: 54.00 km

□□□□□/□□□: 105 (of 200)

Marathonstrecke

□□□□□/□: 100 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 37(of 80)

Master 1

□□□□□□□: 2:28:52

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:09:31	15.54	36	17:34	103	24:02	18.00	1:09:31	15.54	65		100	23:58
Bilstein	21.00	1:21:13	15.51	39	22:44	108	31:11	39.00	2:30:44	15.52	65		99	55:09
Thomasmühle	7.00	17:39	23.80	49	3:33	125	5:45	46.00	2:48:23	16.39	65		99	1:00:54
□□	8.00	30:34	15.70	27	7:33	71	11:23	54.00	3:18:57	16.29	38	50:05	101	1:12:17