



# 7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Liese, Fabian

□□□: 3:22:28

□□: JC Landwehrhagen

□□: 16.00 km/h

□□: 141

□□: 54.00 km

□□□□□/□□□: 116 (of 200)

Marathonstrecke

□□□□□/□: 110 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 11(of 11)

Männer U23

□□□□□□□: 2:16:31

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□□□

| □□□             | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Vielarmiger Weg | 18.00    | 1:00:57  | 17.72      | 7       | 12:49   | 45      | 15:28   | 18.00 | 1:00:57 | 17.72 | 11      | 12:49   | 110     | 15:24   |
| Bilstein        | 21.00    | 1:29:55  | 14.01      | 11      | 34:54   | 137     | 39:53   | 39.00 | 2:30:52 | 15.51 | 11      | 47:43   | 109     | 55:17   |
| Thomasmühle     | 7.00     | 17:34    | 23.91      | 10      | 4:13    | 122     | 5:40    | 46.00 | 2:48:26 | 16.39 | 11      | 51:56   | 109     | 1:00:57 |
| □□              | 8.00     | 34:02    | 14.10      | 11      | 14:01   | 111     | 14:51   | 54.00 | 3:22:28 | 16.00 | 11      | 1:05:57 | 111     | 1:15:48 |