



# 7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Franke, Carsten

□□□: 3:33:33

□□: SG Stern Kassel

□□: 15.17 km/h

□□: 134

□□: 54.00 km

□□□□□/□□□: 136 (of 200)

Marathonstrecke

□□□□□/□: 129 (of 190)

□□□□□□: 2:06:40

□□□□:

□□□□□: 35(of 48)

Herren

□□□□□□□: 2:06:40

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□□□□

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| □□□             | □□<br>km | □□<br>□□ | □□<br>km/h | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□   | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|-----------------|----------|----------|------------|---------|---------|---------|---------|-------|---------|-------|---------|---------|---------|---------|
| Vielarmiger Weg | 18.00    | 1:09:20  | 15.58      | 28      | 23:47   | 102     | 23:51   | 18.00 | 1:09:20 | 15.58 | 11      | -       | 130     | 23:47   |
| Bilstein        | 21.00    | 1:26:14  | 14.61      | 35      | 36:12   | 128     | 36:12   | 39.00 | 2:35:34 | 15.04 | 11      | -       | 129     | 59:59   |
| Thomasmühle     | 7.00     | 17:54    | 23.46      | 36      | 6:00    | 136     | 6:00    | 46.00 | 2:53:28 | 15.91 | 11      | -       | 129     | 1:05:59 |
| □□              | 8.00     | 40:05    | 11.98      | 42      | 20:54   | 161     | 20:54   | 54.00 | 3:33:33 | 15.17 | 35      | 1:26:53 | 130     | 1:26:53 |