



# 7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Sievers, Holger

00: Nienburg  
00: 1037

00: 108.00 km  
Marathonstrecke lang

0000:  
Master 1

000: 4:36:29

00: 23.44 km/h

00000/000: 3 (of 29)

00000/0: 3 (of 27)

000000: 4:32:47

00000: 1(of 9)

0000000: 4:36:29

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Vielarmiger Weg	18.00	49:11	21.96	1	-	4	0:17	18.00	49:11	21.96	3	-	21	
Bilstein	21.00	53:42	23.46	1	-	4	1:05	39.00	1:42:53	22.74	3	-	20	
Thomasmühle	7.00	13:01	32.27	1	-	2	0:04	46.00	1:55:54	23.81	3	-	21	
00 1	8.00	20:30	23.41	1	-	5	0:11	54.00	2:16:24	23.75	2	-	21	
000 Vielarmiger	18.00	50:19	21.46	1	-	1	-	72.00	3:06:43	23.14	2	-	21	
Bilstein	21.00	54:57	22.93	1	-	3	3:05	93.00	4:01:40	23.09	1	-	21	
Thomasmühle	7.00	13:34	30.96	1	-	3	0:35	100.00	4:15:14	23.51	1	-	21	
00	8.00	21:15	22.59	1	-	2	0:25	108.00	4:36:29	23.44	3	1:02:28	7	2:49:52