



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Papstein, Björn

□□: SC Wiedenbrück 2000
 □□: 1036

□□: 108.00 km
 Marathonstrecke lang

□□□□:
 Herren

□□□: 4:43:13

□□: 22.88 km/h

□□□□□/□□□: 4 (of 29)

□□□□□/□: 4 (of 27)

□□□□□□: 4:32:47

□□□□□: 3(of 12)

□□□□□□□: 4:32:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	49:15	21.93	3	0:21	5	0:21	18.00	49:15	21.93	3			20
Bilstein	21.00	53:38	23.49	2	1:01	2	1:01	39.00	1:42:53	22.74	3	0:11		20
Thomasmühle	7.00	12:57	32.43	1	-	1	-	46.00	1:55:50	23.83	3			20
□□ 1	8.00	20:33	23.36	4	0:14	6	0:14	54.00	2:16:23	23.76	3	0:06		20
□□□ Vielarmiger	18.00	50:34	21.36	1	-	2	0:15	72.00	3:06:57	23.11	3			20
Bilstein	21.00	55:40	22.63	3	3:48	4	3:48	93.00	4:02:37	23.00	3	3:39		20
Thomasmühle	7.00	15:39	26.84	7	2:40	14	2:40	100.00	4:18:16	23.23	3	6:19		20
□□	8.00	24:57	19.24	6	4:07	10	4:07	108.00	4:43:13	22.88	4	2:56:36	8	2:56:36