



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Reijnhout, Onno

□□: Mtb team Bejan-Ghost

□□: 1008

□□: 108.00 km

Marathonstrecke lang

□□□□:

Herren

□□□: 4:45:37

□□: 22.69 km/h

□□□□□/□□□: 5 (of 29)

□□□□□/□: 5 (of 27)

□□□□□□: 4:32:47

□□□□□: 4(of 12)

□□□□□□□: 4:32:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	48:56	22.07	2	0:02	2	0:02	18.00	48:56	22.07	4			19
Bilstein	21.00	53:47	23.43	4	1:10	6	1:10	39.00	1:42:43	22.78	4	0:01		19
Thomasmühle	7.00	13:20	31.50	4	0:23	6	0:23	46.00	1:56:03	23.78	4	0:09		19
□□ 1	8.00	20:19	23.63	1	-	1	-	54.00	2:16:22	23.76	4	0:05		18
□□□ Vielarmiger	18.00	50:53	21.23	4	0:19	5	0:34	72.00	3:07:15	23.07	4	0:09		19
Bilstein	21.00	1:01:11	20.59	4	9:19	5	9:19	93.00	4:08:26	22.46	4	9:28		19
Thomasmühle	7.00	14:15	29.47	5	1:16	7	1:16	100.00	4:22:41	22.84	4	10:44		19
□□	8.00	22:56	20.93	3	2:06	5	2:06	108.00	4:45:37	22.69	5	2:59:00	9	2:59:00