



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Knape, Martin

□□: Harz-Racing e.V.

□□: 1031

□□: 108.00 km

Marathonstrecke lang

□□□□:

Elite männlich (Marathon lang)

□□□: 4:57:36

□□: 21.77 km/h

□□□□□/□□□: 6 (of 29)

□□□□□/□: 6 (of 27)

□□□□□□: 4:32:47

□□□□□: 1 (of 5)

□□□□□□□: 4:57:36

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	48:58	22.06	1	-	3	0:04	18.00	48:58	22.06	2	-	18	
Bilstein	21.00	53:41	23.47	1	-	3	1:04	39.00	1:42:39	22.80	2	-	18	
Thomasmühle	7.00	13:18	31.58	1	-	4	0:21	46.00	1:55:57	23.80	2	-	18	
□□ 1	8.00	20:25	23.51	1	-	4	0:06	54.00	2:16:22	23.76	1	-	18	
□□□ Vielarmiger	18.00	57:25	18.81	2	1:13	7	7:06	72.00	3:13:47	22.29	1	-	18	
Bilstein	21.00	1:05:13	19.32	2	2:35	9	13:21	93.00	4:19:00	21.54	1	-	18	
Thomasmühle	7.00	14:46	28.44	2	0:49	9	1:47	100.00	4:33:46	21.92	1	-	18	
□□	8.00	23:50	20.14	2	1:49	6	3:00	108.00	4:57:36	21.77	2	2:13:37	10	3:10:59