



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Al Doyaili, Matty

□□: Team Kyffhaeuser

□□: 1038

□□: 108.00 km

Marathonstrecke lang

□□□□:

Elite männlich (Marathon lang)

□□□: 5:00:15

□□: 21.58 km/h

□□□□□/□□□: 7 (of 29)

□□□□□/□: 7 (of 27)

□□□□□□: 4:32:47

□□□□□: 2(of 5)

□□□□□□□: 4:57:36

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	51:57	20.79	2	2:59	8	3:03	18.00	51:57	20.79	3		17	
Bilstein	21.00	57:38	21.86	2	3:57	9	5:01	39.00	1:49:35	21.35	3		17	
Thomasmühle	7.00	13:49	30.40	2	0:31	10	0:52	46.00	2:03:24	22.37	3		17	
□□ 1	8.00	22:03	21.77	2	1:38	8	1:44	54.00	2:25:27	22.28	2	9:05	17	
□□□ Vielarmiger	18.00	56:12	19.22	1	-	6	5:53	72.00	3:21:39	21.42	2	7:52	16	
Bilstein	21.00	1:02:38	20.12	1	-	7	10:46	93.00	4:24:17	21.11	2	5:17	17	
Thomasmühle	7.00	13:57	30.11	1	-	6	0:58	100.00	4:38:14	21.56	2	4:28	15	
□□	8.00	22:01	21.80	1	-	4	1:11	108.00	5:00:15	21.58	3	2:16:16	11	3:13:38