



# 7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Syc, Nikolaus

□□: lexxiTeamTrikot24.de

□□: 1027

□□: 108.00 km

Marathonstrecke lang

□□□□:

Herren

□□□: 5:03:02

□□: 21.38 km/h

□□□□□/□□□: 9 (of 29)

□□□□□/□: 9 (of 27)

□□□□□□: 4:32:47

□□□□□: 6(of 12)

□□□□□□□: 4:32:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	51:54	20.81	5	3:00	7	3:00	18.00	51:54	20.81	6	1:49	15	
Bilstein	21.00	56:52	22.16	6	4:15	8	4:15	39.00	1:48:46	21.51	6	6:04	15	
Thomasmühle	7.00	13:23	31.38	6	0:26	8	0:26	46.00	2:02:09	22.60	5	6:15	15	
□□ 1	8.00	22:02	21.79	5	1:43	7	1:43	54.00	2:24:11	22.47	6	7:54	15	
□□□ Vielarmiger \	18.00	57:38	18.74	6	7:04	9	7:19	72.00	3:21:49	21.41	6	14:43	15	
Bilstein	21.00	1:02:31	20.15	5	10:39	6	10:39	93.00	4:24:20	21.11	6	25:22	15	
Thomasmühle	7.00	13:54	30.22	3	0:55	4	0:55	100.00	4:38:14	21.56	6	26:17	15	
□□	8.00	24:48	19.35	5	3:58	9	3:58	108.00	5:03:02	21.38	7	3:16:25	13	3:16:25