



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

□□□□

Kluge, Silvio

□□: www.neumann-brilon.de

□□: 1033

□□: 108.00 km

Marathonstrecke lang

□□□□:

Master 1

□□□: 5:48:15

□□: 18.61 km/h

□□□□□/□□□: 15 (of 29)

□□□□□/□: 15 (of 27)

□□□□□□: 4:32:47

□□□□□: 4(of 9)

□□□□□□□: 4:36:29

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	57:55	18.65	3	8:44	17	9:01	18.00	57:55	18.65	6		9	0:46
Bilstein	21.00	1:05:53	19.12	5	12:11	17	13:16	39.00	2:03:48	18.90	6		9	5:38
Thomasmühle	7.00	13:53	30.25	3	0:52	11	0:56	46.00	2:17:41	20.05	6		9	5:15
□□ 1	8.00	25:47	18.62	5	5:17	16	5:28	54.00	2:43:28	19.82	5		9	7:55
□□□ Vielarmiger \	18.00	1:03:07	17.11	3	12:48	13	12:48	72.00	3:46:35	19.07	5		9	10:48
Bilstein	21.00	1:18:07	16.13	5	23:10	17	26:15	93.00	5:04:42	18.31	4	1:03:02	9	14:12
Thomasmühle	7.00	15:30	27.10	4	1:56	13	2:31	100.00	5:20:12	18.74	4	1:04:58	9	14:45
□□	8.00	28:03	17.11	5	6:48	15	7:13	108.00	5:48:15	18.61	6	2:14:14	20	4:01:38