



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Wendland, Marcell

□□: Light Bikes Racingteam

□□: 1013

□□: 108.00 km

Marathonstrecke lang

□□□□:

Elite männlich (Marathon lang)

□□□: 6:05:43

□□: 17.72 km/h

□□□□□/□□□: 16 (of 29)

□□□□□/□: 16 (of 27)

□□□□□□: 4:32:47

□□□□□: 4(of 5)

□□□□□□□: 4:57:36

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	56:50	19.00	4	7:52	11	7:56	18.00	56:50	19.00	5		8	
Bilstein	21.00	1:07:08	18.77	5	13:27	19	14:31	39.00	2:03:58	18.88	5	0:49	8	5:48
Thomasmühle	7.00	15:28	27.16	5	2:10	20	2:31	46.00	2:19:26	19.79	5	2:07	8	7:00
□□ 1	8.00	28:56	16.59	4	8:31	20	8:37	54.00	2:48:22	19.24	4	32:00	8	12:49
□□□ Vielarmiger	18.00	1:10:59	15.21	4	14:47	19	20:40	72.00	3:59:21	18.05	4	45:34	8	23:34
Bilstein	21.00	1:20:39	15.62	4	18:01	20	28:47	93.00	5:20:00	17.44	4	1:01:00	8	29:30
Thomasmühle	7.00	16:28	25.51	4	2:31	20	3:29	100.00	5:36:28	17.83	4	1:02:42	8	31:01
□□	8.00	29:15	16.41	4	7:14	16	8:25	108.00	6:05:43	17.72	5	3:21:44	21	4:19:06