



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Wedekind, Immo

□□: Göttingen

□□: 1035

□□: 108.00 km

Marathonstrecke lang

□□□□:

Herren

□□□: 6:20:04

□□: 17.05 km/h

□□□□□/□□□: 19 (of 29)

□□□□□/□: 19 (of 27)

□□□□□□: 4:32:47

□□□□□: 9(of 12)

□□□□□□□: 4:32:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	59:45	18.08	10	10:51	20	10:51	18.00	59:45	18.08	9	9:40	5	2:36
Bilstein	21.00	1:08:33	18.38	10	15:56	20	15:56	39.00	2:08:18	18.24	9	25:36	5	10:08
Thomasmühle	7.00	14:38	28.70	9	1:41	18	1:41	46.00	2:22:56	19.31	9	27:02	5	10:30
□□ 1	8.00	27:00	17.78	9	6:41	17	6:41	54.00	2:49:56	19.07	9	33:39	5	14:23
□□□ Vielarmiger \	18.00	1:16:41	14.08	10	26:07	22	26:22	72.00	4:06:37	17.52	9	59:31	5	30:50
Bilstein	21.00	1:25:20	14.77	9	33:28	21	33:28	93.00	5:31:57	16.81	9	1:32:59	5	41:27
Thomasmühle	7.00	16:57	24.78	9	3:58	21	3:58	100.00	5:48:54	17.20	9	1:36:57	5	43:27
□□	8.00	31:10	15.40	9	10:20	21	10:20	108.00	6:20:04	17.05	11	4:33:27	24	4:33:27