



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Loose, Alexander

□□: Vipers concept

□□: 1032

□□: 108.00 km

Marathonstrecke lang

□□□□:

Master 1

□□□: 6:20:40

□□: 17.02 km/h

□□□□□/□□□: 20 (of 29)

□□□□□/□: 20 (of 27)

□□□□□□: 4:32:47

□□□□□: 6(of 9)

□□□□□□□: 4:36:29

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	1:00:56	17.72	6	11:45	21	12:02	18.00	1:00:56	17.72	8		4	3:47
Bilstein	21.00	1:09:06	18.23	7	15:24	22	16:29	39.00	2:10:02	18.00	8		4	11:52
Thomasmühle	7.00	16:37	25.28	9	3:36	25	3:40	46.00	2:26:39	18.82	8		4	14:13
□□ 1	8.00	29:50	16.09	8	9:20	22	9:31	54.00	2:56:29	18.36	7	12:20	4	20:56
□□□ Vielarmiger \	18.00	1:17:09	14.00	8	26:50	23	26:50	72.00	4:13:38	17.03	7	22:14	4	37:51
Bilstein	21.00	1:19:50	15.78	7	24:53	19	27:58	93.00	5:33:28	16.73	6	1:31:48	4	42:58
Thomasmühle	7.00	16:20	25.71	7	2:46	19	3:21	100.00	5:49:48	17.15	6	1:34:34	4	44:21
□□	8.00	30:52	15.55	7	9:37	20	10:02	108.00	6:20:40	17.02	8	2:46:39	25	4:34:03