



7. Bilstein Bike Marathon

Großalmerode / 19.09.2010

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Werner, Martin

□□: Team PIRATE / ATGV Kleinalmerode
 □□: 1015

□□: 108.00 km
 Marathonstrecke lang

□□□□:
 Herren

□□□: 6:37:56

□□: 16.28 km/h

□□□□□/□□□: 24 (of 29)

□□□□□/□: 22 (of 27)

□□□□□□: 4:32:47

□□□□□: 10(of 12)

□□□□□□□: 4:32:47

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Vielarmiger Weg	18.00	57:35	18.76	8	8:41	15	8:41	18.00	57:35	18.76	10	7:30	2	0:26
Bilstein	21.00	1:05:39	19.19	8	13:02	14	13:02	39.00	2:03:14	18.99	10	20:32	2	5:04
Thomasmühle	7.00	15:15	27.54	10	2:18	19	2:18	46.00	2:18:29	19.93	10	22:35	2	6:03
□□ 1	8.00	41:35	11.54	10	21:16	23	21:16	54.00	3:00:04	17.99	10	43:47	2	24:31
□□□ Vielarmiger \	18.00	1:15:20	14.34	9	24:46	21	25:01	72.00	4:15:24	16.91	10	1:08:18	2	39:37
Bilstein	21.00	1:33:55	13.42	10	42:03	22	42:03	93.00	5:49:19	15.97	10	1:50:21	2	58:49
Thomasmühle	7.00	17:02	24.66	10	4:03	22	4:03	100.00	6:06:21	16.38	10	1:54:24	2	1:00:54
□□	8.00	31:35	15.20	10	10:45	24	10:45	108.00	6:37:56	16.28	12	4:51:19	27	4:51:19