



9. Langenberg-Marathon
Wiemeringhausen / 03.10.2010

□□□□

Lippe, Ralf

□□: Turbo-Schnecken-Lüdenscheid e.V.

□□: 39

□□: 44.00 km

Kurzstrecke

□□□□:

Senioren II

□□□: 2:47:50

□□: 15.73 km/h

□□□□□/□□□: 289 (of 429)

□□□□□/□: 269 (of 388)

□□□□□□: 1:45:50

□□□□□: 105 (of 153)

□□□□□□□: 2:00:40