



9. Langenberg-Marathon
 Wiemeringhausen / 03.10.2010

0000

Schnabel, Tom

000: 4:10:14

00: Tus Neuenrade

00: 20.14 km/h

00: 154

00: 84.00 km

00000/000: 17 (of 161)

Langdistanz

00000/0: 17 (of 151)

000000: 3:40:45

0000:

00000: 1(of 14)

Senioren III

0000000: 4:10:14

0000

0000

000

000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Rundenkontrolle	44.00	1:58:38	22.25	1	-	13	8:59	44.00	1:58:38	22.25	1	-	18	
Ziel	40.00	2:11:36	18.24	1	-	27	1:26:41	84.00	4:10:14	20.14	3	1:30:34	28	2:27:14