



9. Langenberg-Marathon

Wiemeringhausen / 03.10.2010

0000

Albrecht, Henrik

00: RSC Nievenheim

00: 600

00: 84.00 km

Langdistanz

0000:

Herren

000: 4:16:18

00: 19.66 km/h

00000/000: 24 (of 161)

00000/0: 24 (of 151)

000000: 3:40:45

00000: 8(of 30)

0000000: 3:50:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Rundenkontrolle	44.00	2:04:25	21.22	6	10:46	21	14:46	44.00	2:04:25	21.22	19			24
Ziel	40.00	2:11:53	18.20	11	28:53	30	1:26:58	84.00	4:16:18	19.66	13	2:33:18	35	2:33:18