



9. Langenberg-Marathon

Wiemeringhausen / 03.10.2010

0000

Mankel, Martin

000: 4:44:56

00: TUS Valmetal

00: 17.69 km/h

00: 291

00: 84.00 km

00000/000: 70 (of 161)

Langdistanz

00000/0: 69 (of 151)

000000: 3:40:45

0000:

00000: 26(of 47)

Senioren I

0000000: 3:46:55

0000

0000

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Rundenkontrolle	44.00	2:18:47	19.02	26	25:12	72	29:08	44.00	2:18:47	19.02	3		70	
Ziel	40.00	2:26:09	16.42	25	33:38	71	1:41:14	84.00	4:44:56	17.69	26	58:01	80	3:01:56