



# 9. Langenberg-Marathon

Wiemeringhausen / 03.10.2010

0000

Heinz, Werner

000: 4:57:54

00: Breckerfeld

00: 16.92 km/h

00: 83

00: 84.00 km

00000/000: 88 (of 161)

Langdistanz

00000/0: 86 (of 151)

000000: 3:40:45

0000:

00000: 28(of 59)

Senioren II

0000000: 3:40:45

0000

0000

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| 000             | 00    | 00      | 00    | 00 | 00      | 00 | 00      | 000   | 000     | 000   | 00 | 00      | 00 | 00      |
|-----------------|-------|---------|-------|----|---------|----|---------|-------|---------|-------|----|---------|----|---------|
|                 | km    | 00      | km/h  | -  | -       | 0  | 0       | km    | 00      | km/h  | -  | -       | 0  | 0       |
| Rundenkontrolle | 44.00 | 2:21:11 | 18.70 | 25 | 31:32   | 78 | 31:32   | 44.00 | 2:21:11 | 18.70 | 2  | -       | -  | 87      |
| Ziel            | 40.00 | 2:36:43 | 15.31 | 31 | 1:51:48 | 97 | 1:51:48 | 84.00 | 4:57:54 | 16.92 | 32 | 2:43:36 | 97 | 3:14:54 |