



# 9. Langenberg-Marathon

Wiemeringhausen / 03.10.2010

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Amsink, Dennis

00: HWV Hardenberg

00: 721

00: 84.00 km

Langdistanz

0000:

Herren

000: 4:59:33

00: 16.83 km/h

00000/000: 89 (of 161)

00000/0: 87 (of 151)

000000: 3:40:45

00000: 18(of 30)

0000000: 3:50:44

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000	00	00	00	00	00	00	00	000	000	000	00	00	00	00
	km	00	km/h	-	-	0	0	km	00	km/h	-	-	0	0
Rundenkontrolle	44.00	2:16:48	19.30	14	23:09	62	27:09	44.00	2:16:48	19.30	9	4:48	88	
Ziel	40.00	2:42:45	14.75	25	59:45	105	1:57:50	84.00	4:59:33	16.83	23	3:16:33	98	3:16:33