



9. Langenberg-Marathon
 Wiemeringhausen / 03.10.2010

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Wietzorek, Sonja

□□□: 5:10:45

□□: Excelsior-Racing

□□: 16.22 km/h

□□: 91

□□: 84.00 km

□□□□□/□□□: 96 (of 161)

Langdistanz

□□□□□/□: 3 (of 10)

□□□□□□: 4:24:20

□□□□:

□□□□□: 1(of 3)

Seniorinnen II

□□□□□□□: 5:10:45

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Rundenkontrolle	44.00	2:29:02	17.71	1	-	2	10:17	44.00	2:29:02	17.71	1	-	3	
Ziel	40.00	2:41:43	14.84	1	-	3	2:26:29	84.00	5:10:45	16.22	1	-	3	46:25