



9. Langenberg-Marathon  
 Wiemeringhausen / 03.10.2010

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Hase, René

□□□: 5:12:00

□□: Team Rinnjehaun 2

□□: 16.15 km/h

□□: 237

□□: 84.00 km

□□□□□/□□□: 98 (of 161)

Langdistanz

□□□□□/□: 95 (of 151)

□□□□□□: 3:40:45

□□□□:

□□□□□: 21(of 30)

Herren

□□□□□□□: 3:50:44

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Rundenkontrolle	44.00	2:26:09	18.06	21	32:30	89	36:30	44.00	2:26:09	18.06	6	14:09	96	
Ziel	40.00	2:45:51	14.47	26	1:02:51	109	2:00:56	84.00	5:12:00	16.15	26	3:29:00	106	3:29:00