



# 9. Langenberg-Marathon

Wiemeringhausen / 03.10.2010

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Ganns, Christoph

□□□: 5:35:35

□□: Haardbiker e. V.

□□: 15.02 km/h

□□: 286

□□: 84.00 km

□□□□□/□□□: 123 (of 161)

Langdistanz

□□□□□/□: 117 (of 151)

□□□□□□: 3:40:45

□□□□:

□□□□□: 43(of 59)

Senioren II

□□□□□□□: 3:40:45

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□□□	□□ km	□□ □□	□□ km/h	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ km/h	□□ -	□□ -	□□ □	□□ □
Rundenkontrolle	44.00	2:31:26	17.43	32	41:47	100	41:47	44.00	2:31:26	17.43	17		118	
Ziel	40.00	3:04:09	13.03	53	2:19:14	136	2:19:14	84.00	5:35:35	15.02	47	3:21:17	128	3:52:35