



9. Langenberg-Marathon

Wiemeringhausen / 03.10.2010

0000

Heijnen, Richard

000: 5:58:17

00: Müdbikes

00: 14.07 km/h

00: 772

00: 84.00 km

00000/000: 136 (of 161)

Langdistanz

00000/0: 127 (of 151)

000000: 3:40:45

0000:

00000: 50(of 59)

Senioren II

0000000: 3:40:45

0000

0000

000

| 000 | 00 | 00 | 00 | 00 | 00 | 00 | 00 | 000 | 000 | 000 | 00 | 00 | 00 | 00 |
|-----------------|-------|---------|-------|----|---------|-----|---------|-------|---------|-------|----|---------|-----|---------|
| | km | 00 | km/h | - | - | 0 | 0 | km | 00 | km/h | - | - | 0 | 0 |
| Rundenkontrolle | 44.00 | 3:02:34 | 14.46 | 50 | 1:12:55 | 131 | 1:12:55 | 44.00 | 3:02:34 | 14.46 | 24 | 18:56 | 128 | 24:36 |
| Ziel | 40.00 | 2:55:43 | 13.66 | 49 | 2:10:48 | 128 | 2:10:48 | 84.00 | 5:58:17 | 14.07 | 54 | 3:43:59 | 138 | 4:15:17 |