

4. Schlaubetal-Marathon 4. SCNIaupetai-maration Eisenhüttenstadt / 23.10.2010



Freihof, Andree

□□: Fürstenwalde

□□: 326

□□: 21.10 km

Cross-Halbmarathon

Männer M50

□□□: 1:58:11

□□: 10.71 km/h

□□□□: 5:36 min/km

_____: 69 (of 127)

____/_: 59 (of 101)

□□□□: 9(of 15)

□□□□□□: 1:44:26

	km		min/km	-	-			km		min/km	-	-		
<u> </u>	10.60	57:01	5:22	4	5:25	49	14:51	10.60	57:01	5:22	9	5:25	18	0:43
	10.50	1:01:10	5:49	9	8:20	65	21:14	21.10	1:58:11	5:36	9	13:45	59	36:05