

4. Schlaubetal-Marathon 4. SChlaubetal-Maratio... Eisenhüttenstadt / 23.10.2010



Schnabel, Birgit

□ : Eisenhüttenstadt

□□: 367

□□: 21.10 km

Cross-Halbmarathon

Frauen W50

□□□: 2:26:43

□□: 8.59 km/h

□□□□: 6:57 min/km

_____: 116 (of 127)

□□□□/□: 21 (of 26)

□□□□□□: 1:44:43

□□□□: 6(of 9)

____: 1:55:50

	km		min/km	-	-			km		min/km	-	-		
1	10.60	1:10:07	6:36	7	11:39	22	17:02	10.60	1:10:07	6:36	6	10:52	7	4:49
	10.50	1:16:36	7:17	6	20:01	22	24:58	21.10	2:26:43	6:57	6	30:53	21	42:00