



# 4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

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Rymarcewicz, Axel

□□: LG NORD BERLIN ULTRATEAM  
 □□: 698

□□: 42.19 km  
 Marathon

□□□□:  
 Männer M40

□□□: 3:10:05

□□: 13.32 km/h  
 □□□□: 4:31 min/km

□□□□□/□□□: 2 (of 99)

□□□□□/□: 2 (of 82)

□□□□□□: 2:57:08

□□□□□: 1(of 19)

□□□□□□□: 3:10:05

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| □□□    | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|--------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1   | 11.60    | 49:30    | 4:16         | 1       | -       | 2       | 2:45    | 11.60     | 49:30     | 4:16          | 11      | -       | 62      |         |
| □□ 2   | 18.40    | 1:22:28  | 4:28         | 2       | 0:24    | 3       | 4:08    | 30.00     | 2:11:58   | 4:23          | 11      | -       | 61      |         |
| □□ 3   | 3.50     | 13:27    | 3:50         | 4       | 0:39    | 5       | 1:19    | 33.50     | 2:25:25   | 4:20          | 11      | -       | 62      |         |
| □□□ □□ | 8.69     | 44:40    | 5:08         | 4       | 3:52    | 5       | 4:45    | 42.19     | 3:10:05   | 4:30          | 1       | -       | 2       | 12:57   |