

4. Schlaubetal-Marathon 4. Schlaubetal-Maration. Eisenhüttenstadt / 23.10.2010



Batram, Sigurd

□□: Ahrensfelde

□□: 641

□□: 42.19 km

Marathon

Männer M40

□□□: 4:02:22

□□: 10.40 km/h

□□□□: 5:44 min/km

_____: 49 (of 99)

____/_: 47 (of 82)

____: 2:57:08

□□□□: 12(of 19)

____: 3:10:05

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	km		min/km	-	-			km		min/km	-	-		
1	11.60	1:05:45	5:40	17	16:15	67	19:00	11.60	1:05:45	5:40	9	4:48	17	4:11
□□ 2	18.40	1:45:17	5:43	12	23:13	48	26:57	30.00	2:51:02	5:42	9	9:44	17	7:13
<u> </u>	3.50	16:44	4:46	11	3:56	41	4:36	33.50	3:07:46	5:36	9	10:19	17	5:45
000 00	8.69	54:36	6:16	11	13:48	36	14:41	42.19	4:02:22	5:44	12	52:17	47	1:05:14