



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

□□□□

Pfennig, Dirk

□□: LTSV Forst 1990 e.V.

□□: 645

□□: 42.19 km

Marathon

□□□□:

Männer M60

□□□: 4:41:10

□□: 8.96 km/h

□□□□: 6:40 min/km

□□□□□/□□□: 80 (of 99)

□□□□□/□: 69 (of 82)

□□□□□□: 2:57:08

□□□□□: 1(of 1)

□□□□□□□: 4:41:10

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|--------|-------|---------|--------|----|----|----|-------|-------|---------|--------|----|----|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 11.60 | 1:13:15 | 6:18 | 1 | - | 75 | 26:30 | 11.60 | 1:13:15 | 6:18 | 1 | - | 23 | 11:41 |
| □□ 2 | 18.40 | 1:58:30 | 6:26 | 1 | - | 68 | 40:10 | 30.00 | 3:11:45 | 6:23 | 1 | - | 36 | 27:56 |
| □□ 3 | 3.50 | 19:40 | 5:37 | 1 | - | 64 | 7:32 | 33.50 | 3:31:25 | 6:18 | 1 | - | 36 | 29:24 |
| □□□ □□ | 8.69 | 1:09:45 | 8:01 | 1 | - | 63 | 29:50 | 42.19 | 4:41:10 | 6:39 | 1 | - | 69 | 1:44:02 |