



4. Schlaubetal-Marathon

Eisenhüttenstadt / 23.10.2010

□□□□

Meyer, Hans-Joachim

□□: 100 Marathon Club

□□: 600

□□: 42.19 km

Marathon

□□□□:

Männer M70

□□□: 5:02:55

□□: 8.36 km/h

□□□□: 7:11 min/km

□□□□□/□□□: 89 (of 99)

□□□□□/□: 76 (of 82)

□□□□□□: 2:57:08

□□□□□: 1(of 1)

□□□□□□□: 5:02:55

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|--------|-------|---------|--------|----|----|----|-------|-------|---------|--------|----|----|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 11.60 | 1:13:44 | 6:21 | 1 | - | 78 | 26:59 | 11.60 | 1:13:44 | 6:21 | 1 | - | 29 | 12:10 |
| □□ 2 | 18.40 | 2:15:32 | 7:21 | 1 | - | 78 | 57:12 | 30.00 | 3:29:16 | 6:58 | 1 | - | 29 | 45:27 |
| □□ 3 | 3.50 | 22:22 | 6:23 | 1 | - | 77 | 10:14 | 33.50 | 3:51:38 | 6:54 | 1 | - | 29 | 49:37 |
| □□□ □□ | 8.69 | 1:11:17 | 8:12 | 1 | - | 67 | 31:22 | 42.19 | 5:02:55 | 7:10 | 1 | - | 76 | 2:05:47 |