



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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HÖSL, Patrick

□□: LG DUV

□□: 135

□□: 42.16 km

Marathon

□□□□:

Männer M35

□□□: 4:00:36

□□: 10.47 km/h

□□□□: 5:43 min/km

□□□□□/□□□: 42 (of 289)

□□□□□/□: 42 (of 261)

□□□□□□: 3:20:36

□□□□□: 9(of 42)

□□□□□□□: 3:29:26

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| □□□      | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------|----------|----------|--------------|---------|---------|---------|---------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1     | 5.27     | 31:25    | 5:57         | 23      | 9:03    | 127     | 9:03    | 5.27      | 31:25     | 5:57          | 22      | -       | 50      |         |
| □□ 2     | 5.27     | 28:42    | 5:26         | 13      | 5:16    | 69      | 5:16    | 10.54     | 1:00:07   | 5:42          | 33      | -       | 198     |         |
| □□ 3     | 5.27     | 28:05    | 5:19         | 5       | 4:27    | 40      | 4:27    | 15.81     | 1:28:12   | 5:34          | 22      | -       | 45      |         |
| □□ 4     | 5.27     | 28:31    | 5:24         | 9       | 3:29    | 39      | 3:53    | 21.08     | 1:56:43   | 5:32          | 27      | -       | 44      |         |
| □□ 5     | 5.27     | 29:44    | 5:38         | 11      | 3:35    | 42      | 4:25    | 26.35     | 2:26:27   | 5:33          | 20      | -       | 39      | 23:38   |
| □□ 6     | 5.27     | 30:27    | 5:46         | 9       | 3:56    | 40      | 4:36    | 31.62     | 2:56:54   | 5:35          | 28      | -       | 42      | 28:08   |
| □□ 7     | 5.27     | 31:33    | 5:59         | 7       | 3:54    | 31      | 5:26    | 36.89     | 3:28:27   | 5:39          | 26      | -       | 35      | 33:34   |
| □□□ Ziel | 5.27     | 32:09    | 6:06         | 7       | 5:32    | 39      | 6:26    | 42.16     | 4:00:36   | 5:42          | 12      | 2:34:43 | 52      | 3:33:49 |