



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

HECKING, Sven

□□: CaBa`s CaBaNauTeN  
 □□: 109

□□: 31.62 km  
 3/4 Marathon

□□□□:  
 Männer M35

□□□: 4:11:21

□□: 7.40 km/h  
 □□□□: 7:57 min/km

□□□□□/□□□: 19 (of 23)

□□□□□/□: 19 (of 21)

□□□□□□: 2:26:37

□□□□□: 3(of 3)

□□□□□□□: 3:20:02

□□□□

□□□□

□□□

□□□	□□	□□	□□	□□	□□	□□	□□	□□□	□□□	□□□	□□	□□	□□	□□
	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	5.27	34:32	6:33	3	3:25	16	12:54	5.27	34:32	6:33	3	3:25	5	1:07
□□ 2	5.27	34:24	6:31	3	4:02	15	11:59	10.54	1:08:56	6:32	3	7:27	3	21:47
□□ 3	5.27	35:53	6:48	3	4:44	15	12:33	15.81	1:44:49	6:37	3	12:11	5	5:44
□□ 4	5.27	40:11	7:37	3	7:12	20	15:40	21.08	2:25:00	6:52	3	19:23	5	10:04
□□ 5	5.27	43:55	8:20	3	9:04	18	18:54	26.35	3:08:55	7:10	3	28:27	5	17:11
□□□ Ziel	5.27	1:02:26	11:50	3	23:07	19	32:44	31.62	4:11:21	7:56	3	51:19	19	1:44:44