



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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SCHÜLER, Frank

□□: KSC-Strausberg

□□: 333

□□: 42.16 km

Marathon

□□□□:

Männer M50

□□□: 4:11:54

□□: 10.00 km/h

□□□□: 5:58 min/km

□□□□□/□□□□: 64 (of 289)

□□□□□/□: 62 (of 261)

□□□□□□: 3:20:36

□□□□□: 5(of 32)

□□□□□□□: 3:20:36

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□	□□□	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	27:27	5:12	5	3:24	51	5:05	5.27	27:27	5:12	27		72	
□□ 2	5.27	27:22	5:11	5	3:08	38	3:56	10.54	54:49	5:12	19	6:28	67	
□□ 3	5.27	27:59	5:18	5	3:28	37	4:21	15.81	1:22:48	5:14	27		67	
□□ 4	5.27	28:54	5:29	5	4:16	44	4:16	21.08	1:51:42	5:17	26		63	
□□ 5	5.27	30:29	5:47	6	5:10	54	5:10	26.35	2:22:11	5:23	25		60	19:22
□□ 6	5.27	32:07	6:05	7	6:10	61	6:16	31.62	2:54:18	5:30	20		60	25:32
□□ 7	5.27	38:24	7:17	12	12:17	119	12:17	36.89	3:32:42	5:45	25		56	37:49
□□□ Ziel	5.27	39:12	7:26	12	13:29	127	13:29	42.16	4:11:54	5:58	6	2:50:21	72	3:45:07