



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

**GUNIA, Torsten**

□□□: 4:12:51

□□: SV Post Telekom Schwerin

□□: 9.97 km/h

□□: 102

□□□□: 6:00 min/km

□□: 42.16 km

□□□□□/□□□: 67 (of 289)

Marathon

□□□□□/□: 64 (of 261)

□□□□□□: 3:20:36

□□□□:

□□□□□: 10(of 50)

Männer M45

□□□□□□□: 3:39:13

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□□□□

□□□

| □□□      | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□     | □□□  | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------|----------|----------|--------------|---------|---------|---------|---------|-------|---------|------|---------|---------|---------|---------|
| □□ 1     | 5.27     | 25:47    | 4:53         | 4       | 2:24    | 23      | 3:25    | 5.27  | 25:47   | 4:53 | 36      | -       | 74      |         |
| □□ 2     | 5.27     | 27:29    | 5:12         | 8       | 2:52    | 42      | 4:03    | 10.54 | 53:16   | 5:03 | 30      | -       | 69      |         |
| □□ 3     | 5.27     | 28:34    | 5:25         | 8       | 3:13    | 56      | 4:56    | 15.81 | 1:21:50 | 5:10 | 35      | -       | 69      |         |
| □□ 4     | 5.27     | 29:56    | 5:40         | 10      | 3:06    | 61      | 5:18    | 21.08 | 1:51:46 | 5:18 | 28      | -       | 65      |         |
| □□ 5     | 5.27     | 32:45    | 6:12         | 19      | 5:07    | 91      | 7:26    | 26.35 | 2:24:31 | 5:29 | 33      | -       | 62      | 21:42   |
| □□ 6     | 5.27     | 34:29    | 6:32         | 22      | 6:17    | 101     | 8:38    | 31.62 | 2:59:00 | 5:39 | 43      | -       | 229     | 30:14   |
| □□ 7     | 5.27     | 36:57    | 7:00         | 22      | 8:46    | 99      | 10:50   | 36.89 | 3:35:57 | 5:51 | 33      | -       | 58      | 41:04   |
| □□□ Ziel | 5.27     | 36:54    | 7:00         | 21      | 8:31    | 96      | 11:11   | 42.16 | 4:12:51 | 5:59 | 11      | 2:52:05 | 74      | 3:46:04 |