



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

PESCHEL, Klaus

□□□: 4:14:51

□□: 4ever young

□□: 9.93 km/h

□□: 266

□□□□: 6:02 min/km

□□: 42.16 km

□□□□□/□□□: 71 (of 289)

Marathon

□□□□□/□: 67 (of 261)

□□□□□□: 3:20:36

□□□□:

□□□□□: 12(of 50)

Männer M45

□□□□□□□: 3:39:13

□□□□

□□□□

□□□

| □□□ | □□ km | □□ □□ | □□ min/km | □□ - | □□ - | □□ □ | □□ □ | □□□ | □□□ km | □□□ □□ | □□□ min/km | □□ - | □□ - | □□ □ | □□ □ |
|----------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1 | 5.27 | 28:13 | 5:21 | 10 | 4:50 | 58 | 5:51 | 5.27 | 28:13 | 5:21 | 38 | | | 77 | |
| □□ 2 | 5.27 | 29:03 | 5:30 | 12 | 4:26 | 73 | 5:37 | 10.54 | 57:16 | 5:25 | 31 | | | 71 | |
| □□ 3 | 5.27 | 29:32 | 5:36 | 12 | 4:11 | 73 | 5:54 | 15.81 | 1:26:48 | 5:29 | 37 | | | 72 | |
| □□ 4 | 5.27 | 30:19 | 5:45 | 12 | 3:29 | 70 | 5:41 | 21.08 | 1:57:07 | 5:33 | 29 | | | 67 | |
| □□ 5 | 5.27 | 31:43 | 6:01 | 15 | 4:05 | 76 | 6:24 | 26.35 | 2:28:50 | 5:38 | 35 | | | 65 | 26:01 |
| □□ 6 | 5.27 | 33:13 | 6:18 | 13 | 5:01 | 74 | 7:22 | 31.62 | 3:02:03 | 5:45 | 46 | | | 235 | 33:17 |
| □□ 7 | 5.27 | 35:28 | 6:43 | 16 | 7:17 | 81 | 9:21 | 36.89 | 3:37:31 | 5:53 | 35 | | | 61 | 42:38 |
| □□□ Ziel | 5.27 | 37:20 | 7:05 | 24 | 8:57 | 112 | 11:37 | 42.16 | 4:14:51 | 6:02 | 13 | 2:54:05 | | 77 | 3:48:04 |