



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

GERLACH, Gerald

□□□: 4:27:15

□□: Dresden

□□: 9.43 km/h

□□: 88

□□□□: 6:20 min/km

□□: 42.16 km

□□□□□/□□□: 100 (of 289)

Marathon

□□□□□/□: 96 (of 261)

□□□□□□: 3:20:36

□□□□:

□□□□□: 8(of 32)

Männer M50

□□□□□□□: 3:20:36

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	33:09	6:17	15	9:06	164	10:47	5.27	33:09	6:17	24			106	
□□ 2	5.27	32:16	6:07	12	8:02	152	8:50	10.54	1:05:25	6:12	29	17:04	238		
□□ 3	5.27	32:35	6:10	10	8:04	146	8:57	15.81	1:38:00	6:11	24			101	
□□ 4	5.27	33:10	6:17	12	8:32	136	8:32	21.08	2:11:10	6:13	23			89	
□□ 5	5.27	33:27	6:20	11	8:08	106	8:08	26.35	2:44:37	6:14	22			94	41:48
□□ 6	5.27	34:12	6:29	10	8:15	93	8:21	31.62	3:18:49	6:17	22			82	50:03
□□ 7	5.27	34:49	6:36	9	8:42	73	8:42	36.89	3:53:38	6:19	22			90	58:45
□□□ Ziel	5.27	33:37	6:22	5	7:54	58	7:54	42.16	4:27:15	6:20	9	3:05:42	106	4:00:28	