



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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JURAJ, Chrenko

□□: AK Baník Prievidza
 □□: 153

□□: 42.16 km
 Marathon

□□□□:
 Männer M50

□□□: 4:30:10

□□: 9.33 km/h
 □□□□: 6:25 min/km

□□□□□/□□□: 109 (of 289)

□□□□□/□: 105 (of 261)

□□□□□□: 3:20:36

□□□□□: 11(of 32)

□□□□□□□: 3:20:36

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	28:52	5:28	6	4:49	73	6:30	5.27	28:52	5:28	21		116	
□□ 2	5.27	29:10	5:32	6	4:56	77	5:44	10.54	58:02	5:30	21	9:41	96	
□□ 3	5.27	29:40	5:37	6	5:09	74	6:02	15.81	1:27:42	5:32	21		111	
□□ 4	5.27	32:11	6:06	7	7:33	109	7:33	21.08	1:59:53	5:41	20		95	
□□ 5	5.27	33:17	6:18	9	7:58	101	7:58	26.35	2:33:10	5:48	19		104	30:21
□□ 6	5.27	36:31	6:55	13	10:34	133	10:40	31.62	3:09:41	5:59	24		91	40:55
□□ 7	5.27	39:23	7:28	13	13:16	141	13:16	36.89	3:49:04	6:12	19		100	54:11
□□□ Ziel	5.27	41:06	7:47	17	15:23	155	15:23	42.16	4:30:10	6:24	12	3:08:37	115	4:03:23