



# 9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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**STEINER, Danniell**

□□□: 4:34:31

□□: Marathon4you.de

□□: 9.21 km/h

□□: 358

□□□□: 6:31 min/km

□□: 42.16 km

□□□□□/□□□: 124 (of 289)

Marathon

□□□□□/□: 120 (of 261)

□□□□□□: 3:20:36

□□□□:

□□□□□: 23(of 50)

Männer M45

□□□□□□□: 3:39:13

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□□□□

□□□

| □□□      | □□<br>km | □□<br>□□ | □□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ | □□□   | □□□<br>km | □□□<br>□□ | □□□<br>min/km | □□<br>- | □□<br>- | □□<br>□ | □□<br>□ |
|----------|----------|----------|--------------|---------|---------|---------|---------|-------|-----------|-----------|---------------|---------|---------|---------|---------|
| □□ 1     | 5.27     | 31:34    | 5:59         | 27      | 8:11    | 132     | 9:12    | 5.27  | 31:34     | 5:59      | 49            | -       | -       | 130     |         |
| □□ 2     | 5.27     | 32:28    | 6:09         | 30      | 7:51    | 157     | 9:02    | 10.54 | 1:04:02   | 6:04      | 44            | -       | -       | 224     |         |
| □□ 3     | 5.27     | 34:38    | 6:34         | 35      | 9:17    | 183     | 11:00   | 15.81 | 1:38:40   | 6:14      | 48            | -       | -       | 113     |         |
| □□ 4     | 5.27     | 35:01    | 6:38         | 34      | 8:11    | 172     | 10:23   | 21.08 | 2:13:41   | 6:20      | 2             | -       | -       | 104     | 2:01    |
| □□ 5     | 5.27     | 35:01    | 6:38         | 27      | 7:23    | 144     | 9:42    | 26.35 | 2:48:42   | 6:24      | 46            | -       | -       | 118     | 45:53   |
| □□ 6     | 5.27     | 34:17    | 6:30         | 20      | 6:05    | 96      | 8:26    | 31.62 | 3:22:59   | 6:25      | 41            | -       | -       | 104     | 54:13   |
| □□ 7     | 5.27     | 36:34    | 6:56         | 20      | 8:23    | 95      | 10:27   | 36.89 | 3:59:33   | 6:29      | 37            | -       | -       | 114     | 1:04:40 |
| □□□ Ziel | 5.27     | 34:58    | 6:38         | 15      | 6:35    | 72      | 9:15    | 42.16 | 4:34:31   | 6:30      | 24            | 3:13:45 | -       | 129     | 4:07:44 |