



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

SEIDLOVA, Èva

□□: AK Tlmač

□□: 344

□□: 42.16 km

Marathon

□□□□:

Frauen W60

□□□: 4:42:39

□□: 8.92 km/h

□□□□: 6:42 min/km

□□□□□/□□□: 150 (of 289)

□□□□□/□: 6 (of 28)

□□□□□□: 4:05:29

□□□□□: 1(of 1)

□□□□□□□: 4:42:39

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| □□□ | □□ | □□ | □□ | □□ | □□ | □□ | □□ | □□□ | □□□ | □□□ | □□ | □□ | □□ | □□ |
|---------|------|-------|--------|----|----|----|------|-------|---------|--------|----|----|----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 5.27 | 35:38 | 6:45 | 1 | - | 16 | 7:53 | 5.27 | 35:38 | 6:45 | 1 | - | 22 | 4:17 |
| □□ 2 | 5.27 | 36:43 | 6:58 | 1 | - | 18 | 7:37 | 10.54 | 1:12:21 | 6:51 | 1 | - | 16 | 1:13 |
| □□ 3 | 5.27 | 35:30 | 6:44 | 1 | - | 12 | 6:27 | 15.81 | 1:47:51 | 6:49 | 1 | - | 21 | 2:52 |
| □□ 4 | 5.27 | 35:27 | 6:43 | 1 | - | 9 | 6:09 | 21.08 | 2:23:18 | 6:47 | 1 | - | 22 | |
| □□ 5 | 5.27 | 35:18 | 6:41 | 1 | - | 6 | 5:32 | 26.35 | 2:58:36 | 6:46 | 1 | - | 19 | |
| □□ 6 | 5.27 | 34:50 | 6:36 | 1 | - | 5 | 4:04 | 31.62 | 3:33:26 | 6:44 | 1 | - | 20 | |
| □□ 7 | 5.27 | 34:50 | 6:36 | 1 | - | 5 | 2:57 | 36.89 | 4:08:16 | 6:43 | 1 | - | 23 | 33:31 |
| □□ Ziel | 5.27 | 34:23 | 6:31 | 1 | - | 5 | 2:10 | 42.16 | 4:42:39 | 6:42 | 1 | - | 7 | 3:12:58 |