



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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SEIDLOVA, Èva

□□: AK TImač

□□: 344

□□: 42.16 km

Marathon

□□□□:

Frauen W60

□□□: 4:42:39

□□: 8.92 km/h

□□□□: 6:42 min/km

□□□□□/□□□: 150 (of 289)

□□□□□/□: 6 (of 28)

□□□□□□: 4:05:29

□□□□□: 1(of 1)

□□□□□□□: 4:42:39

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	5.27	35:38	6:45	1	-	16	7:53	5.27	35:38	6:45	1	-	22	4:17
□□ 2	5.27	36:43	6:58	1	-	18	7:37	10.54	1:12:21	6:51	1	-	16	1:13
□□ 3	5.27	35:30	6:44	1	-	12	6:27	15.81	1:47:51	6:49	1	-	21	2:52
□□ 4	5.27	35:27	6:43	1	-	9	6:09	21.08	2:23:18	6:47	1	-	22	
□□ 5	5.27	35:18	6:41	1	-	6	5:32	26.35	2:58:36	6:46	1	-	19	
□□ 6	5.27	34:50	6:36	1	-	5	4:04	31.62	3:33:26	6:44	1	-	20	
□□ 7	5.27	34:50	6:36	1	-	5	2:57	36.89	4:08:16	6:43	1	-	23	33:31
□□ Ziel	5.27	34:23	6:31	1	-	5	2:10	42.16	4:42:39	6:42	1	-	7	3:12:58