



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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JOHN, Marianne

□□: Halle

□□: 150

□□: 42.16 km

Marathon

□□□□:

Frauen W20

□□□: 4:45:45

□□: 8.82 km/h

□□□□: 6:47 min/km

□□□□□/□□□□: 158 (of 289)

□□□□□/□: 7 (of 28)

□□□□□□: 4:05:29

□□□□□: 1(of 1)

□□□□□□□: 4:45:45

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	km	□□	min/km	-	-	□	□	km	□□	min/km	-	-	□	□
□□ 1	5.27	34:18	6:30	1	-	13	6:33	5.27	34:18	6:30	1	-	21	2:57
□□ 2	5.27	33:23	6:20	1	-	8	4:17	10.54	1:07:41	6:25	1	-	15	
□□ 3	5.27	34:22	6:31	1	-	8	5:19	15.81	1:42:03	6:27	1	-	20	
□□ 4	5.27	35:10	6:40	1	-	8	5:52	21.08	2:17:13	6:30	1	-	21	
□□ 5	5.27	36:10	6:51	1	-	10	6:24	26.35	2:53:23	6:34	1	-	18	
□□ 6	5.27	37:26	7:06	1	-	8	6:40	31.62	3:30:49	6:40	1	-	19	
□□ 7	5.27	37:35	7:07	1	-	8	5:42	36.89	4:08:24	6:44	1	-	24	33:39
□□□ Ziel	5.27	37:21	7:05	1	-	8	5:08	42.16	4:45:45	6:46	1	-	8	3:16:04