



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

DENZLER, Barbara

□□□: 4:50:04

□□: TV Helmbrechts

□□: 8.69 km/h

□□: 47

□□□□: 6:53 min/km

□□: 42.16 km

□□□□□/□□□: 166 (of 289)

Marathon

□□□□□/□: 10 (of 28)

□□□□□□: 4:05:29

□□□□:

□□□□□: 3(of 8)

Frauen W45

□□□□□□□: 4:08:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	35:49	6:47	4	8:04	17	8:04	5.27	35:49	6:47	3	8:04	18	4:28
□□ 2	5.27	34:32	6:33	3	5:18	12	5:26	10.54	1:10:21	6:40	8	13:22	27	
□□ 3	5.27	35:19	6:42	3	5:36	11	6:16	15.81	1:45:40	6:41	3	18:58	17	0:41
□□ 4	5.27	37:01	7:01	3	6:31	13	7:43	21.08	2:22:41	6:46	3	25:29	18	
□□ 5	5.27	36:42	6:57	3	5:06	11	6:56	26.35	2:59:23	6:48	6	30:35	24	
□□ 6	5.27	36:33	6:56	3	4:04	6	5:47	31.62	3:35:56	6:49	2	28:25	16	
□□ 7	5.27	37:06	7:02	3	5:01	7	5:13	36.89	4:13:02	6:51	3	38:17	16	38:17
□□ Ziel	5.27	37:02	7:01	3	4:30	7	4:49	42.16	4:50:04	6:52	3	41:48	11	3:20:23