



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

□□□□

WOJCIECHOWSKI, Cornelia

□□□: 5:11:59

□□: SV Kyffhäuser

□□: 8.11 km/h

□□: 410

□□□□: 7:24 min/km

□□: 42.16 km

□□□□□/□□□: 220 (of 289)

Marathon

□□□□□/□: 16 (of 28)

□□□□□□: 4:05:29

□□□□:

□□□□□: 4(of 8)

Frauen W45

□□□□□□□: 4:08:16

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	36:25	6:54	6	8:40	20	8:40	5.27	36:25	6:54	4	8:40	12	5:04	
□□ 2	5.27	36:04	6:50	4	6:50	17	6:58	10.54	1:12:29	6:52	3	15:30	7	1:21	
□□ 3	5.27	36:52	6:59	4	7:09	16	7:49	15.81	1:49:21	6:54	4	22:39	11	4:22	
□□ 4	5.27	38:38	7:19	4	8:08	15	9:20	21.08	2:27:59	7:01	4	30:47	12	3:26	
□□ 5	5.27	40:06	7:36	4	8:30	15	10:20	26.35	3:08:05	7:08	7	39:17	25	4:28	
□□ 6	5.27	41:33	7:53	5	9:04	16	10:47	31.62	3:49:38	7:15	3	42:07	11	8:33	
□□ 7	5.27	42:58	8:09	6	10:53	15	11:05	36.89	4:32:36	7:23	4	57:51	11	57:51	
□□□ Ziel	5.27	39:23	7:28	4	6:51	10	7:10	42.16	5:11:59	7:23	4	1:03:43	17	3:42:18	