



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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SCHÖFTNER, Hermann

□□: ASK Nettingsdorf Laufsport
 □□: 324

□□: 42.16 km
 Marathon

□□□□:
 Männer M50

□□□: 5:33:44

□□: 7.55 km/h
 □□□□: 7:55 min/km

□□□□□/□□□: 249 (of 289)

□□□□□/□: 228 (of 261)

□□□□□□: 3:20:36

□□□□□: 27(of 32)

□□□□□□□: 3:20:36

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|----------|------|-------|--------|----|-------|-----|-------|-------|---------|--------|----|---------|-----|---------|
| | km | □□ | min/km | - | - | □ | □ | km | □□ | min/km | - | - | □ | □ |
| □□ 1 | 5.27 | 38:16 | 7:15 | 30 | 14:13 | 248 | 15:54 | 5.27 | 38:16 | 7:15 | 5 | 1:57 | 238 | |
| □□ 2 | 5.27 | 37:49 | 7:10 | 27 | 13:35 | 241 | 14:23 | 10.54 | 1:16:05 | 7:13 | 6 | 27:44 | 173 | |
| □□ 3 | 5.27 | 39:06 | 7:25 | 29 | 14:35 | 248 | 15:28 | 15.81 | 1:55:11 | 7:17 | 6 | 11:21 | 233 | |
| □□ 4 | 5.27 | 39:46 | 7:32 | 26 | 15:08 | 236 | 15:08 | 21.08 | 2:34:57 | 7:21 | 6 | 17:20 | 191 | 23:17 |
| □□ 5 | 5.27 | 42:36 | 8:05 | 26 | 17:17 | 232 | 17:17 | 26.35 | 3:17:33 | 7:29 | 6 | 22:40 | 212 | 1:14:44 |
| □□ 6 | 5.27 | 42:45 | 8:06 | 26 | 16:48 | 208 | 16:54 | 31.62 | 4:00:18 | 7:35 | 29 | 26:57 | 248 | 1:31:32 |
| □□ 7 | 5.27 | 44:38 | 8:28 | 23 | 18:31 | 197 | 18:31 | 36.89 | 4:44:56 | 7:43 | 5 | 31:18 | 204 | 1:50:03 |
| □□□ Ziel | 5.27 | 48:48 | 9:15 | 26 | 23:05 | 220 | 23:05 | 42.16 | 5:33:44 | 7:54 | 28 | 4:12:11 | 239 | 5:06:57 |