



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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KRUTZSCH, Cindy

□□: CaBa`s CaBaNauTeN
 □□: 188

□□: 42.16 km
 Marathon

□□□□:
 Frauen W30

□□□: 5:38:30

□□: 7.44 km/h
 □□□□: 8:02 min/km

□□□□□/□□□□: 254 (of 289)

□□□□□/□: 22 (of 28)

□□□□□□: 4:05:29

□□□□□: 4(of 7)

□□□□□□□: 4:05:29

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	40:19	7:39	5	9:38	25	12:34	5.27	40:19	7:39	5		4	8:58
□□ 2	5.27	39:42	7:31	5	10:03	25	10:36	10.54	1:20:01	7:35	5		8	8:53
□□ 3	5.27	40:24	7:39	5	11:21	24	11:21	15.81	2:00:25	7:36	5	28:52	26	15:26
□□ 4	5.27	40:59	7:46	4	11:41	23	11:41	21.08	2:41:24	7:39	4	40:33	6	16:51
□□ 5	5.27	43:14	8:12	3	13:28	22	13:28	26.35	3:24:38	7:45	4	54:01	6	21:01
□□ 6	5.27	44:59	8:32	4	14:13	23	14:13	31.62	4:09:37	7:53	1	-	6	28:32
□□ 7	5.27	45:20	8:36	4	13:27	20	13:27	36.89	4:54:57	7:59	4	1:21:41	5	1:20:12
□□□ Ziel	5.27	43:33	8:15	3	11:20	18	11:20	42.16	5:38:30	8:01	5	4:08:49	23	4:08:49