



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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SCHNEIDERCHEN, Klaus

□□□: 3:43:03

□□: Haselstaude Runners

□□: 11.30 km/h

□□: 323

□□□□: 5:17 min/km

□□: 42.16 km

□□□□□/□□□: 16 (of 289)

Marathon

□□□□□/□: 16 (of 261)

□□□□□□: 3:20:36

□□□□:

□□□□□: 4(of 55)

Männer M40

□□□□□□□: 3:28:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	27:15	5:10	8	4:02	46	4:53	5.27	27:15	5:10	34	-	-	23	
□□ 2	5.27	27:45	5:15	10	3:15	48	4:19	10.54	55:00	5:13	28	-	-	21	
□□ 3	5.27	27:13	5:09	7	2:36	27	3:35	15.81	1:22:13	5:12	32	-	-	19	
□□ 4	5.27	27:51	5:17	7	2:50	28	3:13	21.08	1:50:04	5:13	29	-	-	17	
□□ 5	5.27	27:43	5:15	5	1:25	19	2:24	26.35	2:17:47	5:13	30	-	-	13	14:58
□□ 6	5.27	28:33	5:25	4	0:58	16	2:42	31.62	2:46:20	5:15	31	-	-	16	17:34
□□ 7	5.27	29:05	5:31	3	0:34	12	2:58	36.89	3:15:25	5:17	28	-	-	10	20:32
□□□ Ziel	5.27	27:38	5:14	1	-	7	1:55	42.16	3:43:03	5:17	6	2:05:50	-	24	3:16:16