



9. Unter-Tage Sparkassen Marathon

Brügman- Schacht, Sondershausen / 04.12.2010

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KERLER, Jürgen

□□: LT Herbrechtingen
 □□: 162

□□: 42.16 km
 Marathon

□□□□:
 Männer M40

□□□: 3:48:09

□□: 11.05 km/h
 □□□□: 5:25 min/km

□□□□□/□□□: 22 (of 289)

□□□□□/□: 22 (of 261)

□□□□□□: 3:20:36

□□□□□: 6(of 55)

□□□□□□□: 3:28:58

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□□□	□□ km	□□ □□	□□ min/km	□□ -	□□ -	□□ □	□□ □	□□□ km	□□□ □□	□□□ min/km	□□ -	□□ -	□□ □	□□ □
□□ 1	5.27	29:30	5:35	16	6:17	87	7:08	5.27	29:30	5:35	36	-	29	
□□ 2	5.27	27:01	5:07	8	2:31	33	3:35	10.54	56:31	5:21	30	-	27	
□□ 3	5.27	26:58	5:07	6	2:21	25	3:20	15.81	1:23:29	5:16	34	-	24	
□□ 4	5.27	26:39	5:03	2	1:38	16	2:01	21.08	1:50:08	5:13	31	-	23	
□□ 5	5.27	27:35	5:14	4	1:17	17	2:16	26.35	2:17:43	5:13	32	-	19	14:54
□□ 6	5.27	29:10	5:32	5	1:35	22	3:19	31.62	2:46:53	5:16	33	-	22	18:07
□□ 7	5.27	30:39	5:48	9	2:08	24	4:32	36.89	3:17:32	5:21	30	-	15	22:39
□□□ Ziel	5.27	30:37	5:48	7	2:59	21	4:54	42.16	3:48:09	5:24	8	2:10:56	30	3:21:22